



PRIVACY NOTICE

This Privacy Notice explains how Empowered To Thrive CIC ("we", "our", or "us") collects, uses, and protects personal information when you interact with us, including when you participate in our mental health events, workshops, retreats and any other of our events.

1. Data Controller

Empowered To Thrive CIC is the data controller responsible for the processing of your personal information. If you have any questions or concerns regarding your data, please contact us at 07506757031.

2. Types of Personal Data We Collect

We may collect and process the following types of personal data:

- Contact Information: Name, email address, phone number, and mailing address.
- Event Information: Details of the events you attend, including dates, locations, and activities participated in.
- Health Information: Any health-related information provided to us for the purpose of accommodating your needs during events.

3. How We Use Your Personal Data

We use your personal data for the following purposes:

- Event Management: To register you for events, communicate event details, and ensure your safety and well-being during our events.
- Communication: To send you updates, newsletters, and information related to Empowered To Thrive CIC and our events.
- Health and Safety: To cater to any specific health needs you may have during our events.

4. Legal Basis for Processing

We process your personal data based on the following legal grounds:

- Contractual Necessity: To fulfill our contractual obligations when you register for and attend our events.

- Consent: When you provide explicit consent for specific processing activities (e.g., receiving newsletters).
- Legitimate Interests: To pursue our legitimate interests in managing and improving our events and services.

5. Sharing Personal Data

We may share your personal data with trusted third parties for the purposes outlined in this notice, including event collaborators, service providers, and legal or regulatory authorities when required by law.

6. Security Measures

We implement appropriate technical and organizational measures to safeguard your personal data against unauthorized access, disclosure, alteration, and destruction.

7. Your Rights

You have the following rights regarding your personal data:

- Access: To request access to the personal data we hold about you.
- Rectification: To request correction of inaccurate or incomplete information.
- Erasure: To request deletion of your personal data, subject to legal requirements.
- Objection: To object to specific processing activities.
- Data Portability: To receive a copy of your data in a structured, commonly used format.

8. Data Retention

We will retain your personal data for as long as necessary to fulfill the purposes for which it was collected, and to comply with legal obligations.

9. Contact Us

If you have any questions or concerns about this Privacy Notice or our data practices, please contact us at 07506757031.

10. Review and Revision

10.1 This Privacy Notice will be reviewed annually and updated as necessary to ensure compliance with legal requirements and to reflect any changes in our data processing activities.